

## CURRICULUM VITAE

### **STEVEN JEAN LEE, M.D.**

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<b>Medical License:</b>	NY State, Current
<b>NY DEA</b>	Active
<b>National Boards (NBME):</b>	Diplomate, NBME Certification # 438187, Received 7/1/94
<b>Board Certification Status: American Board of Medical Specialties</b>	Board Certified Orthopaedic Surgery Orthopaedic Surgery of the Hand
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## **EDUCATION**

### **James A. Nicholas Sports Medicine Fellowship**

Lenox Hill Hospital, New York, NY  
(8/99 - 7/00)

### **Emanuel B. Kaplan Hand and Upper Extremity Fellowship**

Hospital for Joint Diseases/NYU Medical Center, New York, NY  
(8/98 - 7/99)

### **Orthopaedic Residency**

Stony Brook University Hospital, Stony Brook, NY  
Appointed “Administrative Superchief”  
(7/94 - 6/98)

### **Surgical Internship**

Stony Brook University Hospital, Stony Brook, NY  
(7/93 - 6/94)

### **Medical School**

The Medical College of Pennsylvania, Philadelphia, PA  
Received M.D. degree 6/93  
(8/89 - 5/93)

### **Undergraduate**

Lehigh University, Bethlehem, PA  
6-year accelerated combined B.A. – M.D. program  
(8/87 - 5/91)

### **High School**

Kinnelon High School, Kinnelon, NJ  
(8/83 – 6/87)

## **PROFESSIONAL AND FACULTY APPOINTMENTS**

<b><u>Director</u></b> Division of Surgery of the Hand and Upper Extremity Department of Orthopaedic Surgery Lenox Hill Hospital New York, NY	9/2013 - Present
<b><u>Director</u></b> Division of Surgery of the Upper Extremity Department of Orthopaedic Surgery Lenox Hill Hospital New York, NY	11/2011 – 9/2013
<b><u>Associate Director</u></b> Nicholas Institute of Sports Medicine and Athletic Trauma New York, NY	1/2006 - Present
<b><u>Lenox Hill Hospital Medical Board</u></b>	1/2023 – Present
<b><u>Attending Physician</u></b> Department of Orthopaedic Surgery Lenox Hill Hospital New York, NY	8/2000 – Present
<b><u>Orthopaedic Surgery Consultant</u></b> Nicholas Institute of Sports Medicine and Athletic Trauma New York, NY	8/2000 – 12/2005
<b><u>Orthopaedic Team Physician</u></b> New Jersey Red Dogs Arena Football New Jersey Gladiators Arena Football Hofstra University Athletic Teams	8/2000 – 2001 8/2001 – 2002 8/2000 – 2002
<b><u>Orthopaedic Surgery Consultant</u></b> Physiotherapy Associates – Stryker Corporation PGA Tour, Northeast division	6/2006 – 2008
<b><u>Police Surgeon</u></b> Police Benevolent Association New York State Troopers, Inc Amtrak Fraternal Order of Police	1/2007 – Present 1/2007 – Present
<b><u>LHH Orthopedic Residency Selection Committee Member</u></b>	2006 – Present
<b><u>LHH Sports Medicine Fellowship Selection Committee</u></b>	2006 - Present

**LHH PEC/CCC Member**

Program Evaluation Committee/Clinical Competency Committee 2019 - Present

## PUBLICATIONS

1. Lane GJ, Sherk HH, **Lee SJ**: Basic science of lasers. *Perspectives in Orthopedic Surgery*. Vol. 2(2):11-24, 1991.
2. Lane GJ, Sherk HH, Mooar PA, **Lee SJ**, Black J: Holmium:YAG laser versus carbon dioxide laser versus mechanical arthroscopic debridement. *Seminars in Orthopedics*. Vol. 7(2):95-101, 1992
3. Leadbetter WB, Mooar PA, Lane GJ, **Lee SJ**: The surgical treatment of tendinitis. *Clinics Sports Med*. Vol. 11(4): 679-712, 1992.
4. Lane GJ, Prodoehl JA, Black J, **Lee SJ**, Rhodes A, Sherk HH: An experimental comparison of CO<sub>2</sub>, argon, Nd:YAG and Ho:YAG laser ablation of intervertebral discs. *Spine: State of the Art Reviews*. Vol. 7(1):1-10, 1993.
5. Prodoehl JA, Lane GJ, Black J, **Lee SJ**, Cummings R, Sherk HH: The effect of lasers on intervertebral disc pressures. *Spine: State of the Art Reviews*. Vol 7(1):17-22, 1993.
6. Rhodes A, Black J, Lane GJ, **Lee SJ**, Sherk HH: The clinical use of the 2.1 micron holmium YAG laser and percutaneous lumbar discectomy. *Spine: State of the Art Reviews*. Vol 7(1):49-54, 1993.
7. **Lee SJ**, Cutcliffe DA, Hurst LC: Infections in the upper extremity. In Dee R, Hurst LC, Gruber MA, Kottmeier SA (eds): *Principles of Orthopaedic Practice*, 2<sup>nd</sup> ed., New York: McGraw-Hill Companies, Inc., 1997, pp 1193-99.
8. **Lee SJ**, Meinhard BP, Schultz E, Toledano B: Open reduction and internal fixation of a glenoid fossa fracture in a child: A case report and review of the literature. *J Orthop Trauma*. Vol 11, No. 6, pp 452-54, 1997.
9. **Lee SJ**, Jasrawi LM, Ong B, Raskin KB: One-bone forearm, eight year followup. A case report and review of the literature. *American Journal of Orthopedics*. Dec, 2000.
10. **Lee SJ**, Montgomery K: Athletic hand injuries. *Orthopaedic Clinics of North America*. Jul;33(3):547-54, 2002.
11. Plate AM, **Lee SJ**, Steiner G, Posner MA: Benign Tumors of the Hand and Wrist. *Journal of the American Academy of Orthopaedic Surgeons*. Vol 11(2), pp 129-141, March/April 2003.
12. Stein DA, **Lee SJ**, Raskin KB: Compartment syndrome of the hand caused by CT contrast infiltration: A case report and review of the literature. *Orthopedics*. Vol 26 (3), pp 333-334, March 2003.

13. **Lee SJ**, Nicholas SJ, Akizuki K, McHugh MP, Ben-Avi, SS, Kremenic IJ: Reconstruction of the coracoclavicular ligaments with tendon grafts. A comparative biomechanical study. *American Journal of Sports Medicine*, Vol. 31 (5), Sept, 2003.
14. Mullaney MJ, McHugh MP, Tyler TF, **Lee SJ**, Nicholas SJ: Weakness in End-Range Plantarflexion Following Achilles Tendon Repair: Evidence of Tendon Lengthening. *American Journal of Sports Medicine*, Vol 34, No.7, July 2006.
15. Tyler TF, Johnson C, **Lee SJ**, Nicholas SJ: Stressed Out: Golf and racquet sports can damage intricate elbow and wrist anatomy. *Advance for Directors in Rehabilitation*, pp 21-24, July 2006.
16. Nicholas SJ, **Lee SJ**, Mullaney MJ, Tyler TF, McHugh MP: Clinical Outcomes of Coracoclavicular Ligament Reconstructions using Tendon Grafts. *Am. J. Sports Med.*, Nov 2007; 35: 1912 - 1917.
17. Orishimo KF, Burstein G, Mullaney MJ, Kremenic IJ, Nesse M, McHugh MP, **Lee SJ**: Effect of knee flexion angle on achilles tendon force and ankle joint plantarflexion moment during passive dorsiflexion. *J Foot Ankle Surg.* 2008 Jan-Feb;47(1):34-9.
18. **Lee SJ**, Goldsmith S, Nicholas SJ, Mchugh MP, Kremenic I, Ben-Avi S: Optimizing achilles tendon repair: Effect of epitendinous suture augmentation on the strength of achilles tendon repairs. *Foot and Ankle International*: Vol 29:4: April 2008, 427-432.
19. **Lee SJ**, Keefer EP, Mchugh MP, Kremenic IJ, Orishimo KF, Ben-Avi S, Nicholas SJ: Cyclical Loading of Coracoclavicular Ligament Reconstructions. A comparative biomechanical study. *American Journal of Sports Medicine*, Vol 36, No. 10, Oct 2008.
20. **Lee SJ**, Sileo MJ, Kremenic IJ, Orishimo K, Ben-Avi S, Nicholas S, Mchugh MP: Cyclic Loading of Three Achilles Tendon Repairs Simulating Early Postoperative Forces. *American Journal of Sports Medicine*: Vol 37, No. 4: 786-790, April 2009.
21. Sileo MJ, **Lee SJ**, Kremenic IJ, Orishimo K, Ben-Avi S, Mchugh M, Nicholas SJ: Biomechanical Comparison of a Knotless Suture Anchor with Standard Suture Anchor in the Repair of Type II SLAP Tears. *Arthroscopy: The Journal of Arthroscopic and Related Surgery*. Volume 25, Issue 4, Pages 348-354, April 2009.
22. Nicholas SJ, Golant A, Schachter AK, **Lee SJ**: A new surgical technique for arthroscopic repair of the meniscus root tear. *Knee Surg Sports Traumatol Arthrosc.* Vol 17 (12): 1433-6, Aug 2009.
23. Tyler TF, Nicholas SJ, **Lee SJ**, Mullaney M, Mchugh MP: Correction of posterior shoulder tightness is associated with symptom resolution in patients with internal impingement. *American Journal of Sports Medicine*: Vol 38 (1), 114-9, Dec 2010.

24. Kowalsky MS, Kremenic IJ, Orishimo KF, McHugh MP, Nicholas SJ, **Lee SJ**: The Effect of Distal Clavicle Excision on In Situ Graft Forces in Coracoclavicular Ligament Reconstruction. *Am J Sports Med*. 2010 Aug 10
25. Orishimo KF, Kremenic IJ, **Lee SJ**, McHugh MP, Nicholas SJ.: Is valgus unloader bracing effective in normally aligned individuals: implications for post-surgical protocols following cartilage restoration procedures. *Knee Surg Sports Traumatol Arthrosc*. 2012 Aug 17
26. Alaia MJ, Shearin JW, Kremenic IJ, McHugh MP, Nicholas SJ, **Lee SJ**: Restoring Isometry in Lateral Ulnar Collateral Ligament Reconstruction. *J Hand Surg Am*, Vol 40 (7): 1421-1427, 2015.
27. **Lee SJ**, Mendez-Zfass M: Minimally Invasive Treatment of Lateral Ulnar Collateral Ligament Injury. In Scuderi GR, Tria AJ (eds.) *Minimally Invasive Surgery in Orthopedics*. Springer International Publishing, Switzerland. Doi:10.1007/978-3-319-15206-6\_28-1, 2016.
28. Nicholas SJ, **Lee SJ**, Mullaney MJ, Tyler TF, Fukunaga T, Johnson CD, Mchugh MP: Functional Outcomes after Double-Row versus Single-Row Rotator Cuff Repair. *Orthopaedic Journal of Sports Medicine*, Vol 4(10), 2325967116667398, Oct 2016.
29. Orishimo KF, Schwartz-Balle S, Tyler TF, McHugh MP, Bedford BB, **Lee SJ**, Nicholas SJ: Can Weakness in End-Range Plantar Flexion After Achilles Tendon Repair Be Prevented? *Orthopaedic Journal of Sports Medicine*. 2018 May 22;6(5), May 2018
30. Rabinovich RV, **Lee SJ**: Proximal Row Carpectomy Using Decellularized Dermal Allograft. *J Hand Surg Am*. Apr;43(4): Apr 2018.
31. **Lee SJ**, Rabinovich RV, Kim A: Thumb Ulnar Collateral Ligament Repair with Suture Tape Augmentation. *J Hand Surg (Asian-Pacific)*, 25(1) Mar, 2020.
32. **Lee SJ**, Rabinovich RV, Bedford B, Rahman OF: Elbow Ulnar Collateral Ligament Reconstruction using Suture Tape Augmentation. *JSES Reviews, Reports & Techniques*. Feb, 2021.
33. **Lee SJ**, Rabinovich RV, Kim A: Proximal Row Carpectomy Using Decellularized Dermal Allograft: Preliminary Results. *J Wrist Surg* Apr;10(2), Apr 2021.
34. **Lee SJ**, Bedford BB, Kim AH, Rahman OF, Zbeda RM: Elbow Osteochondral Allograft Transplantation and Lateral Ulnar Collateral Ligament Repair with Internal Brace: A Case Report. *JBJS Case Connect*. Jan 2022;12(1)
35. Zbeda RM, **Lee SJ**: Internal Brace for Carpal Instability. Book chapter in: *Wrist and Elbow Arthroscopy with Selected Open Procedures*. Springer Nature Switzerland, pp 203-215, Jan 2022.

36. Kessler RE, Day MS, Tyler TF, Mchugh MP, Bedford BB, **Lee SJ**, Nicholas SJ: Predictive Value of MRI in Outcomes of Non-Surgical Treatment of Lateral Epicondylitis. *JSES International* S2666-6383(21)00266-8. Jan 7,6(2):305-308, 2022
  
37. Rahman OF, **Lee SJ**, Seeds WA: Therapeutic Peptides in Orthopaedics: Applications, Challenges, and Future Directions. *JAAOS: Global Research and Reviews* 10(1):e25.00236, January 2026.

## NATIONAL PRESENTATIONS

1. Uppal GS, Sherk HH, Black J, Lane GJ, Rhodes A, **Lee SJ**: Pedicle screw pull-out strength correlates to depth of penetration. Poster presentation at the Annual Meeting of the *American Academy of Orthopaedic Surgeons*, February, 1992.
2. Sherk HH, Mooar PA, Lane, GJ, **Lee SJ**: The effect of Holmium:YAG laser radiation on articular cartilage defects and in unicompartmental osteoarthritis in rabbits. Presented to the *Eastern Chapter of the Arthritis Foundation*, Philadelphia, PA, April 1992.
3. **Lee SJ**, Healy WA, Badalamente MA, Hurst LC: An outcome score in Dupuytren's disease. Podium presentation at the Annual Meeting of the *American Academy of Orthopaedic Surgeons* in New Orleans, Louisiana, March 1998.
4. Teplitz GA, McCormack RR, **Lee SJ**: Percutaneous manipulation/reduction and k-wire fixation of depressed intra-articular fractures of the proximal interphalangeal joint. Presented at the *American Society for Surgery of the Hand* in Minneapolis, Minnesota, September 1998.
5. **Lee SJ**, Weiss R, Rettig ME, Raskin KB, Green SA, Posner MA: Complications of K-wires in Hand Surgery. Podium presentation at the *New York Society for Surgery of the Hand*, New York, New York, May 1999.
6. Choi R, **Lee SJ**, Rettig ME, Raskin KB: Radial Styloidectomy to Prevent Impingement with Blatt Capsulodesis. Podium presentation at the *New York Society for Surgery of the Hand*, New York, New York, May 1999.
7. **Lee SJ**, Weiss R, Rettig ME, Posner MA: Complications of K-wires in Hand Surgery. Podium presentation at the *American Society for Surgery of the Hand*, Seattle, WA, October 2000.
8. **Lee SJ**, Nicholas SJ, Akizuki K, McHugh MP, Ben-Avi, SS, Kremenic IJ: Reconstruction of the coracoclavicular ligaments with tendon grafts. A biomechanical study. Presented at the AOSSM Specialty Day, *American Academy of Orthopaedic Surgeons Annual Meeting*, San Francisco, March 2001.
9. **Lee SJ**, Nicholas SJ, Akizuki K, McHugh MP, Ben-Avi S, Kremenic I: Achilles Tendon Repair: Biomechanical properties of various suture repair techniques in a cadaveric model. Podium presentation at the 27th Annual Meeting of the *American Orthopaedic Society for Sports Medicine*, Keystone Colorado, July 2001.

10. **Lee SJ**, Nicholas SJ, Akizuki K, McHugh MP, Ben-Avi S, Kremenic I: Coracoclavicular Ligament Reconstruction Using Tendon Grafts. A Comparative Study. Presented at the 27th Annual Meeting of the *American Orthopaedic Society for Sports Medicine*, Keystone Colorado, July 2001.
11. Perryman JR, **Lee SJ**, McHugh MP, Kremenic IJ, Ben-Avi S, Nicholas SJ: Biceps Tenodesis: A Biomechanical Study Evaluating Pull-Out Strength and Modes of Failure for Various Fixation Techniques. Presented at the 28<sup>th</sup> Annual Meeting of the *American Orthopaedic Society for Sports Medicine*, Orlando, Florida, July 2002.
12. **Lee SJ**, Matarazzo MF, Nicholas SJ, McHugh M, Ben-Avi S: Epitendinous Suture Augmentation for Achilles Tendon Repair. Presented at the 70<sup>th</sup> Annual Meeting of the *American Academy of Orthopaedic Surgeons*, New Orleans, Louisiana, February 2003.
13. **Lee SJ**, Rudman DP, Nicholas SJ, Mchugh M, Kremenic I: Force Across Coracoclavicular Ligament With Glenohumeral Range of Motion: A Biomechanical Study. Presented at the *American Academy of Orthopaedic Surgeons*, San Francisco, California, March, 2004.
14. **Lee SJ**, Rudman DP, Nicholas SJ, Mchugh M, Kremenic I, Ben-Avi, S: Palmer IB TFCC Tears: A Biomechanical Comparison Between Repair Techniques. Presented at the *American Academy of Orthopaedic Surgeons*, San Francisco, California, March, 2004.
15. Orishimo KF, Mchugh MP, Kremenic IJ, Burstein G, **Lee SJ**: Effect of Knee Flexion Angle on Achilles Tendon Force During Passive Dorsiflexion. Presented at the 54<sup>th</sup> *Annual Meeting of the Orthopedic Research Society*, Washington D.C., February 2005.
16. McHugh MP; Mullaney MJ, Nicholas SJ, **Lee SJ**: Muscle Weakness in End-Range Plantarflexion Following Achilles Tendon Repair: Evidence of Tendon Lengthening. Podium presentation at *AOSSM Specialty Day, AAOS Annual Meeting*, Washington DC, March 2005.
17. Nicholas SJ, **Lee SJ**, Mullaney MJ, Tyler TF, Mchugh MP: Clinical Outcomes of Coracoclavicular Ligament Reconstructions using Tendon Grafts. Podium presentation at the *American Orthopaedic Society for Sports Medicine*, Keystone, Colorado, July 2005
18. **Lee SJ**, Keefer EP, Kremenic IJ, Orishimo KF, Ben-Avi S, Nicholas SJ, Mchugh MP: Cyclic Loading of Coracoclavicular Ligament Reconstructions. Podium presentation at the *American Orthopaedic Society for Sports Medicine*, Hershey, Pennsylvania, June 2006.

19. **Lee SJ**, Brahmabhatt S, Orishimo KF, Kremenic IJ, Ben-Avi S, Mchugh MP, Nicholas SJ: Cyclic Loading of Achilles Tendon Repairs Simulating Early Postoperative Forces. Podium presentation at the *American Orthopaedic Society for Sports Medicine*, Hershey, Pennsylvania, June 2006.
20. **Lee SJ**, Nicholas SJ, Orishimo KF, Kremenic IJ, Mchugh MP: Forces Across Coracoclavicular Ligament Reconstructions with Shoulder Range of Motion: Cadaveric and Intraoperative Measurements. Presented at the *American Orthopaedic Society for Sports Medicine*, Hershey, Pennsylvania, June 2006.
21. Nicholas SJ, Tyler TT, Mullaney M, Greenberg M, **Lee SJ**: Outcomes of Ulnar Collateral Ligament Reconstruction of the Elbow Using Hamstring Allografts. Podium presentation at APTA Combined Sections Meeting, Boston, MA, Feb 2007.
22. Kowalsky MS, Kremenic IJ, Orishimo KF, McHugh MP, Nicholas SJ, **Lee SJ**: The Effect of Distal Clavicle Excision on In Situ Graft Forces in Coracoclavicular Ligament Reconstruction. Podium presentation at *American Orthopaedic Society for Sports Medicine Annual Meeting*, Providence RI, July 2010.
23. Alaia MJ, Shearin JW, Steinmann SP, Willis AA, **Lee SJ**: Posterolateral Rotatory Instability of the Elbow: Pathoanatomy, Diagnosis, and Treatment. Scientific Exhibit SE75, American Academy of Orthopaedic Surgeons Annual Meeting, New Orleans, LA March 2014.
24. Alaia MJ, Shearin JW, Steinmann SP, Willis AA, **Lee SJ**: Posterolateral Rotatory Instability of the Elbow: Pathoanatomy, Diagnosis, and Treatment. Podium presentation, American Society for Surgery of the Hand Annual Meeting, Boston, MA, Sep 2014.
25. Shearin JW, Alaia MJ, **Lee SJ**: Restoring Isometry in Lateral Ulnar Collateral Ligament Reconstruction. Podium presentation at the Eastern Orthopaedic Association Annual Meeting, Amelia Island, Florida, Oct 2014.
26. Nance E, Shearin JW, Mbabuike, J, Koenig J, Mchugh MP, **Lee SJ**: Radiographic Evaluation of the Scapholunate Intercarpal Reconstruction with ECRL Autograft, a Novel Technique for Scapholunate Stabilization. Poster presentation at the 6<sup>th</sup> Combined Meeting of the American Society for Surgery of the Hand and Japanese Society for Surgery of the Hand, Maui, Hawaii, March 2015.
27. **Lee SJ**, Choinski, RJ, Freigang A, Papangelou C, Riano F: Scapholunate Reconstruction: A Biomechanical Analysis of a Novel Technique. Podium presentation at the Federation of European Societies for Surgery of the Hand Congress, Budapest, Hungary, June 2017.
28. **Lee SJ**, Coyle R, Porter DA, Kremenic I: Biomechanical Testing of Scapholunate Reconstruction with Internal Brace versus Scapholunate Repair. Poster presentation at the AAOS Annual Meeting, New Orleans, Louisiana, 2018.

29. **Lee SJ**, Porter DA, Coyle R, Kim A, Kremenec I : Trapeziectomy Internal Brace Suspensionplasty Versus Reconstruction Tendon Interposition or Thumb Carpometacarpal Arthritis: A Biomechanical Study. Poster presentation at the ASSH Annual Meeting, Boston, MA, 2018.
30. Zbeda RM, Rabinovich RV, Kim A, **Lee SJ**: Proximal Row Carpectomy using Decellularized Dermal Allograft: Preliminary Results. Presented at NYSSH Meeting, May 2019.
31. Bas, MA, Rabinovich R, Kim A, **Lee SJ**: Management of CMC Joint Arthritis with an Internal Brace and Tendon Interposition: A Prospective Case Series. Presented at ASSH Annual Meeting, Las Vegas, Sep 2019.
32. Rabinovich, RV, Kim A, **Lee SJ**: Thumb Ulnar Collateral Ligament Repair with Suture Tape Augmentation. Presented at ASSH Annual Meeting, Las Vegas, Sep 2019.
33. **Lee SJ**, Yao K, Qilleri A, Kim A: DRUJ Interposition Arthroplasty with Distal Oblique Bundle Internal Brace Reconstruction: Preliminary Results. EPoster presentation at ASSH, Boston 2022.
34. **Lee SJ**: Wrist Arthroplasty vs Interposition. Instructional Course Lecture, ASSH/AAHS Specialty Day, Chicago, IL, March, 2022.

## **INVITED LECTURES**

1. Disorders of the Hand, Wrist and Elbow. Presented at Sports Medicine Academy of Rehabilitation and Training. New York, NY, February, 2001.
2. Diagnosis and Treatment of Ulnar-Sided Wrist Pain. Presented at the Sports Medicine Symposium 2001. New York, NY, June, 2001.
3. Advances in Surgical Procedures for Anterior Shoulder Microinstability. Presented at the Sports Physical Therapy Section of the American Orthopaedic Society for Sports Medicine Annual Meeting. San Diego, CA, July 2003.

4. SLAP Lesions: Diagnosis and Treatment. Arthrex Northeast VIP Surgical Skills Course Instructor. Naples, Florida, March 2006.
5. New Innovations in Achilles Tendon Repair. Sports Physical Therapy Section Pre-Conference Program, AOSSM, Hershey, PA, June 2006.
6. New Techniques in Coracoclavicular Reconstruction. Keynote speaker for graduation of Orthopaedic Residency. 12<sup>th</sup> Annual Orthopaedic Symposium: Concepts in Orthopaedic Therapeutics. Stony Brook University Orthopaedic Residency, Stony Brook, NY, June 2006.
7. Current Concepts in CC Ligament Reconstruction. Guest lecturer, Grand Rounds, Lenox Hill Hospital, New York, NY, March 2007.
8. Meniscal Repair: Surgical Techniques and Results. Sports Medicine and Total Knee and Hip Symposium, 10<sup>th</sup> Annual Insall Scott Kelly Institute, New York, NY, September 2007.
9. Revision ACL Reconstruction. Sports Medicine and Total Knee and Hip Symposium, 10<sup>th</sup> Annual Meeting, Insall Scott Kelly Institute, New York, NY, September 2007.
10. Applications of Platelet Rich Plasma in the Upper Extremity. Arthrex Hand, Wrist, Elbow Techniques Course. Course chairman, Naples, Florida, April 2010.
11. Basal Joint Arthroplasty. Arthrex Hand, Wrist, Elbow Techniques Course. Course chairman, Naples, Florida, April 2010.
12. Distal Biceps Tendon Repair. Arthrex Hand, Wrist, Elbow Techniques Course. Course chairman, Naples, Florida, April 2010.
13. Operative and Non-operative Management of Elbow Epicondylitis. SPTS-AOSSM Pre-conference Program. AOSSM, San Diego, Ca, July 2011.
14. Radial Head Fractures. Advanced Techniques in Reconstructive Elbow Surgery. Faculty/Course Instructor. Orthopaedic Learning Center, American Society for Surgery of the Hand, Rosemont, IL, July 2011.
15. AC Joint Injuries in the Throwing Athlete: The First Annual James A. Nicholas Sports Medicine Symposium. Lenox Hill Hospital, New York, NY, Nov 2012
16. Management of Hand and Wrist Injuries in Football Players. 2<sup>nd</sup> Annual James A. Nicholas Sports Medicine Symposium. Lenox Hill Hospital, New York, NY, Nov 2013
17. Wrist Arthroscopy: How Can It Help Me? AAOS Course: Solving Problems: Tips and Tricks for the Most Essential Orthopaedic Procedures #3368, NY, NY May 2015

18. Inject this! Biologics in Sports Medicine. What works? 4<sup>th</sup> Annual James A. Nicholas Sports Medicine Symposium. Lenox Hill Hospital, New York, NY Oct 2015.
19. Treatment of Partial Scapholunate Ligament Injuries. Vumedi The Event 2015, San Francisco, Ca, Nov 2015.
20. Treatment of Complete Scapholunate Ligament Injuries. Vumedi The Event 2015, San Francisco, Ca, Nov 2015.
21. Lateral Ulnar Collateral Ligament/Posterolateral Rotatory Instability of the Elbow. . Vumedi The Event 2015, San Francisco, Ca, Nov 2015.
22. Biceps Tendon Repair, 1 Incision vs 2 Incisions? Vumedi The Event 2015, San Francisco, Ca, Nov 2015.
23. Evolving Techniques in Scapholunate Reconstruction. The Orthopaedic Summit 2015. Las Vegas, NV, Dec 2015.
24. Endoscopic Carpal Tunnel Surgery. The Orthopaedic Summit 2015. Las Vegas, NV, Dec 2015.
25. Return to Play with Hand Injuries: My doctor said I cannot play! 5<sup>th</sup> Annual James A. Nicholas Sports Medicine Symposium: Return to Play. New York, NY Nov 2016.
26. Scapholunate Bracing: Swivelock. Cadaver surgical demonstration. 19<sup>th</sup> Annual Hand Surgery Symposium, Philadelphia, PA, March 2017.
27. The PRC Options: Arthroflex Interposition Arthroplasty. 19<sup>th</sup> Annual Hand Surgery Symposium, Philadelphia, PA, March 2017.
28. Surgical CMC Internal Bracing. Cadaver surgical demonstration. 19<sup>th</sup> Annual Hand Surgery Symposium, Philadelphia, PA, March 2017.
29. Scapholunate Ligament Repair versus Reconstruction. 7<sup>th</sup> Annual Stony Brook Sports Medicine Update, Stony Brook NY, May 2017.
30. Internal Bracing in Hand Surgery. 6<sup>th</sup> Annual James A. Nicholas Sports Medicine Symposium. New York, NY. Nov 2017.
31. Internal Brace for Thumb CMC. Cadaver surgical demonstration. 20<sup>th</sup> Annual Hand Surgery Symposium, Philadelphia, PA, March 2018.
32. Prevention of Golf Injuries. 7<sup>th</sup> Annual James A. Nicholas Sports Medicine Symposium. NYC. Nov, 2018

33. Thumb CMC. Cadaver surgical demonstration. 20<sup>th</sup> Annual Hand Surgery Symposium, Philadelphia, PA, March 2018.
34. Reconstruction of the Scapholunate Ligament. Ortho Summit, Las Vegas, NV, Dec 2018
35. Dupuytren's Disease Treatment with Collagenase Injections. Ortho Summit, Las Vegas, NV, Dec 2018
36. Management of Hand and Wrist in Baseball Players, 8<sup>th</sup> Annual James A Nicholas Sports Medicine Symposium, NYC, October 2019
37. Vascularized Bone Grafting is Essential To Restore the Wrist & Have Him Win the Next College Bowl Game. Ortho Summit, Las Vegas, NV, Dec 2021.
38. A Simple Way to Reconstruct the Scapholunate Ligament with New Technology. Ortho Summit, Las Vegas, NV, Dec 2021.
39. The Internal Brace in SL Repair/Reconstruction. Philadelphia Hand meeting, Philadelphia, PA, March, 2022
40. Resurfacing the PRC with Dermal Allograft. Philadelphia Hand meeting, Philadelphia, PA, March, 2022
41. Wrist Arthroplasty versus Interposition. AAOS Specialty day ASSH, Chicago II, March 2022.
42. Carpal Instability: How Did We Get Here and Where are We Going? Instructional Course. ASSH Annual Meeting 2022. Boston, MA
43. Biologics for Tendonitis (PRP). Philadelphia Hand Meeting, Philadelphia, PA, 2023
44. Reconstructing the Wrist. Instructional Course. AAHS Annual Meeting, Nassau, Bahamas, Jan 2024.
45. Things I Wish I Learned in Residency. Instructional Course at AAOS Annual Mtg., San Diego, Ca March 2025
46. Scapholunate Repair Case Presentation for Carpal Stability Dissociative Section, Surgeon PRE04: Carpal Instability: A Riddle, A Mystery, and An Enigma. IFSSH Annual Mtg, Washington DC, March 2025
47. What is the Role of Synthetic Tapes and Tunnels in Carpal Surgery?: T & T May Be Essential, Provided We Restore Anatomy and Kinematics. Surgeon PRE04: Carpal Instability: A Riddle, A Mystery, and An Enigma. IFSSH Annual Mtg, Washington DC, March 2025

48. “Sage Advice for Your Sojourn and Voyage” AAOS Annual Meeting Symposium, San Diego, California, March 2025.
49. An Enigma Wrapped in a Mystery: Unlocking the Secrets to Scapholunate Ligament Repair & Reconstruction: Internal Brace Reconstruction. ASSH Annual Meeting, Vancouver Canada. October 2025.
50. Things I Wished I Learned in Residency. Haun Society Annual Meeting. Jacksonville, FL April 2026.

## **PROFESSIONAL MEMBERSHIPS**

Member, American Orthopaedic Association, 2013

Fellow, American Academy of Orthopaedic Surgeons

Diplomate, American Board of Orthopaedic Surgeons

Founding Member, Haun Society

Member, American Association for Hand Surgeons

Member, New York Society for Surgery of the Hand

Member, National Orthopaedic Education Society (NOES)

Member, Eastern Orthopaedic Association

## **AWARDS/DISTINCTIONS**

1. Men's Singles Tennis Club Champion – Smoke Rise Tennis Club, 1987.
2. Administrative Superchief during chief resident year of orthopaedic residency. 1998
3. Award for best research: Reconstruction of the coracoclavicular ligaments with tendon grafts. A comparative biomechanical study. Lenox Hill Alumni Meeting, June 2000.
4. Maurice H. Cowen MD Memorial Award for Excellence in Medical Education – Teacher of the Year award. Presented by orthopaedic residents from Lenox Hill Hospital Orthopaedic Residency Program, June 2003.
5. Cadillac Invitational National Champions Golf Skills Contest, Pebble Beach, California, January 2004.
6. Westchester Country Club Team Match Play Golf Champions, July 2005
7. Selected to America's Top Orthopedists in Guide to America's Top Orthopedists, Consumer's Research Council of America, 2007.

8. Chairman, 150<sup>th</sup> Anniversary Lenox Hill Hospital Annual Golf/Tennis Outing, Westchester Country Club, NY, June 18<sup>th</sup>, 2007
9. Selected to New York Super Doctors 2008, listing of the top 5% of NYC physicians, Key Professional Media.
10. Selected to America's Top Orthopedists in Guide to America's Top Orthopedists, Consumer's Research Council of America, 2008.
11. Selected to New York Super Doctors 2009, listing of the top 5% of NYC physicians, Key Professional Media.
12. Editorial Journal Reviewer: *Journal of the American Academy of Orthopaedic Surgeons*. March 2009 to present.
13. Excellence in Research Award, presented by the Sports Physical Therapy Section, 2009.
14. Selected to America's Top Orthopedists in Guide to America's Top Orthopedists, Consumer's Research Council of America, 2009.
15. Maurice H. Cowen MD Memorial Award for Excellence in Medical Education – Teacher of the Year award. Presented by orthopaedic residents from Lenox Hill Hospital Orthopaedic Residency Program, June 2009 (2<sup>nd</sup> time)
16. Selected to New York Super Doctors 2010, listing of the top 5% of NYC physicians, Key Professional Media.
17. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2010.
18. Selected to New York Super Doctors 2011, listing of the top 5% of NYC physicians, Key Professional Media.
19. Selected to America's Top Orthopedists in Guide to America's Top Orthopedists, Consumer's Research Council of America, 2011.
20. 1<sup>st</sup> Degree Black Belt, Taekwondo, received Dec 3, 2011 from Cosmo Martial Arts Center, Mamaroneck, NY, at age 42.
21. Selected to America's Top Orthopedists in Guide to America's Top Orthopedists, Consumer's Research Council of America, 2012.
22. Selected to New York Super Doctors 2012, listing of the top 5% of NYC physicians, Key Professional Media.

23. Golf Tournament Committee Chairman, Westchester Country Club, 2013, 2014, 2015, 2016, 2017, 2018
24. Admitted to membership to the American Orthopaedic Association, the oldest and most distinguished Orthopaedic association, June 2013.
25. Selected to America's Top Orthopedists in Guide to America's Top Orthopedists, Consumer's Research Council of America, 2013.
26. Selected to New York Super Doctors 2013, listing of the top 5% of NYC physicians, Key Professional Media.
27. New York Magazine Best Doctor for Orthopaedic Surgery, 2014.
28. Castle Connolly's Top Doctor, 2014.
29. Selected to New York Super Doctors 2014, listing of the top 5% of NYC physicians, Key Professional Media.
30. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2014.
31. 2<sup>nd</sup> Degree Black Belt, Taekwondo, Received Jan 31, 2015 from Cosmos Martial Arts Center, Mamaroneck, NY at age 45.
32. Castle Connolly's Top Doctor, 2015.
33. Selected to New York Super Doctors 2015, listing of the top 5% of NYC physicians, Key Professional Media.
34. New York Magazine Best Doctor for Orthopaedic Surgery 2015.
35. Winged Foot Father Daughter Golf Champions, 2015.
36. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2015.
37. Selected to New York Super Doctors 2016, listing of the top 5% of NYC physicians, Key Professional Media.
38. Castle Connolly Top Doctors: New York Metro Area 2016.
39. Castle Connolly's Top Doctor, 2016.
40. New York Magazine Best Doctor for Orthopaedic Surgery, 2016.
41. Winged Foot Father Daughter Golf Champions, 2016.

42. 9<sup>th</sup> World Invitational Father Daughter Golf Tournament Champions, Gross Division, Waterville Golf Club, Waterville, Ireland, July 2016.
43. Selected to New York Super Doctors 2017, listing of the top 5% of NYC physicians, Key Professional Media.
44. Castle Connolly's Top Doctor, 2017.
45. Castle Connolly Top Doctors: New York Metro Area 2017.
46. Winner of 2017 William A. Grana Award for Best Original Research, given for the most outstanding research paper that appeared in the Orthopaedic Journal of Sports Medicine in 2016, for paper: "Functional Outcomes After Double-Row Versus Single-Row Rotator Cuff Repair: A Prospective Randomized Trial.
47. Winged Foot Father Daughter Golf Champions, 2017 (Third year in a row).
48. New York Magazine Best Doctor for Orthopaedic Surgery, 2017.
49. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2017.
50. Selected to New York Super Doctors 2018, listing of the top 5% of NYC physicians, Key Professional Media.
51. Castle Connolly Top Doctors, 2018 (5<sup>th</sup> year).
52. Castle Connolly Top Doctors New York Metro Area, 2018
53. New York Magazine Best Doctor for Orthopaedic Surgery, 2018 (5<sup>th</sup> year).
54. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2018 (5<sup>th</sup> time).
55. Winged Foot Father Daughter Golf Champions, 2018 (4<sup>th</sup> year in a row)
56. 29<sup>th</sup> World Invitational Father Son Invitational Golf Tournament Champions, Gross Division, Waterville Golf Club, Waterville Ireland, August, 2018.
57. Selected to Hall of Fame for New York Super Doctors 2019, listing of the top 5% of NYC physicians, Key Professional Media.
58. Castle Connolly Top Doctors 2019 (6<sup>th</sup> year).
59. Castle Connolly Top Doctors New York Metro Area 2019.

60. New York Magazine Best Doctor for Orthopaedic Surgery, 2019 (6<sup>th</sup> year in a row)
61. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2019 (6<sup>th</sup> time).
62. Selected to Hall of Fame for New York Super Doctors 2020, listing of the top 5% of NYC physicians, Key Professional Media (13<sup>th</sup> yr in a row).
63. Castle Connolly Top Doctors 2020 (7<sup>th</sup> year).
64. Castle Connolly Top Doctors New York Metro Area 2020.
65. NY Magazine Best Doctor for Orthopaedic Surgery, 2020, (7<sup>th</sup> yr in a row)
66. Westchester Country Club Team Match Play Champions, 2020
67. World Invitational Father Son Invitational Golf Tournament Champions, Gross Division, Pinehurst Resort, Pinehurst, NC, 2021.
68. Castle Connolly Top Doctors 2021
69. Selected to Hall of Fame for New York Super Doctors 2021, listing of the top 5% of NYC physicians, Key Professional Media.
70. Castle Connolly Top Doctors New York Metro Area 2021
71. 29<sup>th</sup> World Invitational Father Son Invitational Golf Tournament Champions, Gross Division, Pinehurst Golf Resort, 2021.
72. James A Nicholas Award for Distinction in Orthopaedic Residency Education, presented by the Lenox Hill Hospital Residents, 2021.
73. Castle Connolly Top Doctors 2022
74. Castle Connolly Top Doctors New York Metro Area 2022.
75. Selected to Hall of Fame for New York Super Doctors 2022, listing of the top 5% of NYC physicians, Key Professional Media
76. Winged Foot Father Daughter Gross Champions, 8 under par, 2022.
77. James A Nicholas Award for Distinction in Orthopaedic Residency Education, presented by the Lenox Hill Hospital Orthopaedic Residents, 2022 (2<sup>nd</sup> time).
78. Elected to the Lenox Hill Hospital Medical Board, 1/2023 until present.

79. Castle Connolly Top Doctors 2023, Castle Connolly Top Doctors New York Metro Area 2023
80. NY Magazine Best Doctors 2023
81. The Chitranjan S. Ranawat, MD Mentorship Award, in recognition of outstanding ability to guide, support, and teach, presented by the Orthopaedic residents of Lenox Hill Hospital, June 2023 (7<sup>th</sup> time).
82. Castle Connolly Top Doctors 2024, Castle Connolly Top Doctors New York Metro Area 2024.
83. World Invitational Father Daughter Golf Champions with Emma, Gross division, Rosapenna, Ireland, Aug 2025.
84. Castle Connolly Top Doctors 2025, 2026
85. United States Patent: Center of Rotation Guide Patent # US 12,622,710 B2. Awarded May 12, 2026.